

E. Andrew Wood, PT, MS

Career Objective

To develop, manage and evaluate health promotion, wellness and occupational health, programs in the corporate and industrial settings, incorporating my skills as an Ergonomist, Health Promotion Specialist, Wellness Coach, Exercise Physiologist, and Physical Therapist.

Specialization Training and Certification

- 2007 – Certified Behavior Based Ergonomic Specialist, ISR Institute
- 2007 – Real Balance Global Wellness Services: Wellness Coach Trainer
- 1982 – American College of Sports Medicine, Indianapolis, IN; Exercise Test Technologies Certification
- 1979 – Registered Physical Therapist in Minnesota #1958

Professional Experience

Ergonomic Technologies Corp.

Ergonomics Consultant

Muve Inc.; Minneapolis, MN

January 2008 – July 2010

Director of Ergonomics and Corporate Services

- Health and wellness liason between Mayo Clinic and Muve
- Account management, sales and marketing of Muve's products and services to corporate clients.
- Develop corporate strategies for implementing activity based wellness programs using real time activity monitoring feedback devices along with one on one, online and telephonic wellness coaching.
- Conduct ergonomic evaluations for creating active worksites and communities

General Mills, Inc.; Minneapolis, MN

December 1982 – January 2008

Manager of Ergonomics and Field Health Promotion

- Initiated and managed health promotion programs for corporate headquarters, field sales and manufacturing plants.
- Implemented health risk appraisal programs for marketing, sales and manufacturing.
- Developed and managed ergonomic and musculoskeletal injury prevention programs for industrial worksites and offices.
- Designed, managed and provided staffing of onsite fitness centers at corporate headquarters and more than ten manufacturing plants.
- Managed the provision of onsite physical therapy services for employees.

Montrose Memorial Hospital; Montrose, CO November 1979 – December 1981

Physical Therapist

Education

1983 – University of Minnesota, Minneapolis, MN; M.S. in Physical Therapy with Major in Exercise Physiology

1981 – Delta-Montrose Vocational Technical College, Montrose, CO; Emergency Medical Technician

1979 – Mayo Clinic School of Health Sciences, Rochester, MN; Physical Therapy Certificate

1977 – Hamline University, St. Paul, MN; B.A. Biology (Cum Laude)

Foreign Language

Fluent in spoken and written German.

Publications

Wood EA: The Basics of Worksite Health Promotion. Network 3(3); 1986.

Wood EA, Collins JJ, Halaney ME, Craig JL, and Olmstead GW: An Evaluation of the TriHealthalon Program After 1 Year at General Mills, Inc., in Opatz JP (ed): Health Promotion Evaluation: Measuring the Organization Impact. National Wellness Institute, University of Wisconsin-Stevens Point, 1987.

Wood EA, Olmstead GW, Craig JL: “An Evaluation of Lifestyle Risk Factors and Absenteeism After Two Years in a Worksite Health Promotion Program.” American Journal of Health Promotion, 1989, 4:128-133.

Wood EA: “Getting Back to Good Health: Selecting Back Injury Prevention Programs.” Health Action Managers, August, 1989.

Wood EA: “Lifestyle Risk Factors and Absenteeism Trends: A Six-Year Corporate Study.” Worksite Health, Spring, 1997.

Wood EA: “Ergonomics in Flour Milling.” Milling Journal, December, 1998.

Professional Memberships

American College of Sports Medicine, American Physical Therapy Association, Human Factors and Ergonomics Society, National Wellness Association

References

Available upon request.