

Eldeen E. Pozniak

BA, BSc, CEES, CHSC, CHMSA, CRSP

Profile:

- Committed to Occupational Health and Safety Concepts and Standards. Her commitment is demonstrated by her involvement as an advisor and consultant to various government, businesses, and industry sectors.
- Her consistent attendance at Safety Seminars and continued education provides further opportunity to present and share her extensive base of knowledge and focus on continuous learning of the most current information and concepts.
- She has been lecturing at a variety of technical institutes and at the University of Saskatchewan since 1997, facilitating a variety of courses for the Occupational Health and Safety Certificate Program.
- Due to her commitment and professionalism, she has received the Saskatchewan Safety Professional of the year award presented by the Saskatchewan Safety Council and the Saskatchewan Chapters of the Canadian Society of Safety Engineers.
- She has been Nominated for numerous community awards such as the YWCA Women of Excellence and the Athena Award.
- Eldeen is sought after to share her passion and knowledge as an International Key Note and Sessional Speaker.

Professional History

- Saskatoon Physio Therapy Clinic – Physical Therapist
- Saskatoon Health District – OH&S Physical Therapist
- Total Living & Conditioning – OH&S Physical Therapist & Educator
- Saskatoon Health District – Workplace Wellness Coordinator
- Excel Health Services – Independent Health, Wellness & Safety Consultant
- Pozniak Safety Associates Inc – Independent Health, Wellness & Safety Consultant,
- Canada, USA, United Kingdom, Ireland, Northern Ireland, United Arab Emirates, Bahrain
- Direct consultation to companies, business and industry in providing
- Creation, development, and implementation of health & wellness, safety systems, programs, strategies for the Oil, Gas, Utilities, Construction, Telecommunications, Mining, Forestry, Insurance and Private Sectors
- OH&S performance and compliance audits
- Loss Control and Risk Gap Analysis
- Safety perception surveys
- Development of safety manuals – policy, procedure, program components
- Job task analysis
- Work place hazard & risk analysis, Safe Operating Procedure Creation & Facilitation
- Ergonomic hazard identification and program development
- Due diligence and internal responsibility program development and education
- Supervisory & Worker Training

- Prevention programs- back injury, hearing conservation, respiratory protection
- Wellness program development & facilitation
- HACCAP program development & facilitation
- On site construction safety officer
- Site safety inspections
- Claims management facilitation
- HACCAP program development & facilitation
- Shift-work education
- Train the Trainer – WHMIS, OHC Levels (SK.) Shifting to Wellness (Shift work education)
WHMIS / TDG; CPR; First Aid, Porta-count – Quantitative Fit Testing (TSI)

Professor – University of Regina, Sk. – 1998 – 1999 - Occupational Health & Safety Certificate program.

- **University of Saskatchewan** – 1998 – 2007 - Occupational Health & Safety Certificate program

- Development of curriculum for High School Work Education, Technical and University level courses

Business & Industry Education Sessions – Back injury prevention, workplace wellness, ergonomics, prevention of musculo-skeletal injuries, emergency measures

Business & Industry Management Education Sessions – Supervisors Managing Safety, Due Diligence, Internal Responsibility, Communication, Risk Management...

Written articles/ Publications – Perspectives – Workers Compensation Board, Guidelines for Ergonomic chair purchases – Saskatoon Health District, Wellness Newsletters & Safety columns for monthly newsletters, - Class material for education sessions – Accident Control I, Accident Control II, Ergonomics, Respiratory Protective Equipment, Back Injury Prevention Programs, Wellness Promotion, - Safety Manuals for Saskatchewan Highways & Transportation, Hitachi Canada, Saskatchewan Research Council, Saskatchewan Meat Industry Safety Assoc., Saskatchewan Forest Industry Safety Assoc.

Keynote Speaker

- Wellness Conferences(i.e. Whistler 1996), Provincial Safety Seminars (i.e. Sk. Saskatchewan Industrial Safety Seminar, British Columbia Safer Conference...)
- National Safety Seminars (IWA National Safety Conference), International Health and Safety Conference, IOSH, United Kingdom & Ireland, Annual Asian Health & Safety Conference, United Arab Emirates, Bahrain

Education & Training

- Bachelor of Arts - Degree - Psychology – University of Saskatchewan – 1991
- Bachelor of Science – Degree – Physical Therapy – University of Saskatchewan –1994
- Variety of Educational Sessions and Training Courses specific to OH&S Topics
- Current: Masters Degree Occupational Health and Safety – McGill University – 2000 start
- Certified Health & Safety Consultant (CHSC) – 2000 – present
- Consulting Skills (2001)
- Legal Liabilities (2000)
- Communication Skills (2003)
- Certified Health and Safety Professional – CHSP-Canadian Society of Safety Engineers – 2002
- Canadian Registered Safety Professional - CRSP
- Certified Health and Safety Management Systems Auditor - CHSMSA
- Canadian Environmental Auditing Association - 2007

Professional Associations

- Saskatchewan Safety Council – Professional Member, Industrial Seminar Planning Committee
- Canadian Society of Safety Engineers – National president 2006 – 2008; Regional V.P. Saskatchewan/Manitoba 2002 - 2006; PDC 2003
- Organizational Committee Co-chair)
- American Society of Safety Engineers – Professional Member IOSH
- Member of INSPO - International Safety Professionals
- Minerva Board Member
- Saskatchewan Safety Professional of the Year – 2001
- Canadian Registered Safety Professional (CRSP) – 1997
- Certified Safety Professional – CSP – Application Submitted
- CEES Designation - Ergonomics Professional Residency Program
- Critical Incident Stress Counselor
- Occupational Health Committee Level 1 & 2 Training Trainer
- Auditing Certification (PITS) & Can Enviro. Auditing Association
- CPA- Functional Rehab- Canadian Physical Therapy Association
- Sask. Workers Compensation Board - Preferred Health Care Consultant – Injury Prevention
- Modules to Business & Industry
- Saskatchewan Labor Board – Preferred Health & Safety Consultant – Safety Committee
- Training, Nominee for – YWCA – Women of Distinction; Saskatoon Chamber of Commerce Athena Award
- Saskatchewan Safety Council (Industrial Safety Conference Committee)
- Minerva (Board Member).
- President of the Canadian Society of Safety Engineering (CSSE).
- Immediate Past President of the Canadian Society of Safety Engineering (CSSE)