

ERGONOMIC TECHNOLOGIES CORPORATION - Ergonomic Results within Reach

Education and Training All courses available via internet or classroom

Train-the-Trainer Office Ergonomics Training Program

The Office Ergonomics course has been designed to promote the awareness and understanding of the ergonomics principles of the office environment. The course will provide the attendees with the fundamental knowledge and skills to identify risk factors, workstation deficiencies and make the changes necessary for correction. The course will also provide the office staff with the information necessary to optimize their individual workstations and develop improved work methods. The course includes 'hands-on' train -the-trainer training with actual workstations in the work environment and interaction with employees.

Ergonomic Adjustment of Work Spaces

(One-on-one Office Workstation Evaluations)

During the one-on-one workstation evaluation, the ergonomist will meet with individual employees, assess each employee's workstations and interview the employee to establish rapport and listen to any suggestions/complaints. The ergonomist will then show each individual how to adjust their workstation properly and enhance awareness of ergonomic issues in the office environment. Employees at each workstation assessed will be shown how to correctly adjust posture, chair, monitor, keyboard, mouse, accessories, storage, secondary equipment and task lighting if necessary. Workstation dimensions, layout and ranges of adjustability will be measured to assess suitability for tasks and employee population and to establish compliance with ANSI/HFS 100 (1988) guidelines. In addition, specific ergonomic issues (such as body part symptoms, type of accessories used, and types of tasks performed) will be identified for each individual and workstation. The one-on-one workstation evaluation will be performed at each individual's workstation with the ergonomist spending about 20 minutes with each individual. Approximately twenty workstations could be assessed over the course of an 8-hour day. The results of the daily assessments can be summarized in a report addressing the ergonomic issues and recommendations (as required) for each individual surveyed.

The deliverables will include a summarized report outlining the observations within each work environment and specific recommendations for improving work-stations in terms of design and layout. All on-site changes will be recorded

and documented in the final report.

Two Day Manufacturing Ergonomics Training for Engineers

Training and education in the applied science of ergonomics allows personnel to understand how the science contributes to the reduction of injury potential, workers compensation and absenteeism and the growth in employee productivity and quality. Trainees also understand the need to apply ergonomics to comply with related OSHA regulations. The following agenda outlines a two day training program designed to provide engineers, safety managers and ergo nomic task force members with the skills necessary to implement an effective ergonomics program.

CONTACT ETC TO DISCUSS HOW YOUR BUSINESS CAN PROFIT THROUGH ERGONOMICS:

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Course Goals and Objectives

The goal of this course is to have the attendees apply the basic principles of ergonomics related to prevention of indus trial back injuries, upper extremity Cumulative Trauma Disorders (CTDs) and to possess an understanding of significan ergonomic issues affecting their industry. They will be given the knowledge and skills to implement programs in ergo nomics, perform ergonomic job analyses, devise injury prevention strategies, and develop solutions to abate ergonomic hazards and complete cost/benefit analyses. With these capabilities, the attendees will be able to justify ergonomic im provements for budgetary commitments and develop independent programs within their own work environments.

Certified Ergonomics Technician applicable to Office or Industrial setting (New Courses)

An industrial 20 hour course is offered via the internet or 'traditional' classroom.

A 8 hour office course included theory and hand-on training

A 2 year certification will be awarded to attendees.

Certain requirements for eligibility, theory and application.

Four Hour Manufacturing Ergonomics Awareness Training for Supervisors & Line Employees

The goal of this course is to increase awareness of ergonomic issues in the workplace. The course will provide attendees with a definition of ergonomics and associated disciplines, and an introduction to the form and function of the human body as it relates to the work environment. The course will also provide an overview of commonly occurring occupational cumulative trauma disorders along with the associated work place risk factors.

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